



Doncaster Town Cricket Club
Eco Power Oval, Town Fields, Bennetthorpe, Doncaster
South Yorkshire, DN2 6AA
01302 364559
<https://doncastertowncricketclub.co.uk>



DTCC Concussion Policy

April 24

Concussion is a serious brain injury that takes time to recover just like any other injury. A concussion can be difficult to diagnose as symptoms may take time to develop.

The cricket ball is the same density as a snooker ball, a direct blow to the head could be damaging and has the potential to cause severe brain injury.

Batting, short pitched bowling, fielding close to the bat and wicket-keeping standing up to the stumps are all situations where a **head injury is more likely to occur**.

Diagnosing a concussion can be difficult. The player is very likely to say they are ok. Assume they are not and we encourage players to be removed and seek early assessment from a healthcare professional. Any player removed from the field of play should undergo stepwise assessments. Ignoring concussion can have long term health implications.

Signs and Symptoms may include;

- A ball hitting the helmet should always instigate a Concussion Review
- Any loss of consciousness / responsiveness
- Slow to get up / lying motionless for any period
- Blank or vacant expression
- Balance / coordination problems: unsteady on feet
- Disorientation / confusion, difficulty answering questions / unaware of situation
- Loss of memory
- Visible facial or head injury.

If the player has any features of the above they must be removed from the field for further assessment and or resuscitated and stabilised as appropriate.

Questions can include:

- “What venue are we at today?”
- “Which session of the game are we in?”
- “Who is bowling / batting at the moment in this game?”
- “What team did you play last week / game?”
- “What was the score / your score in the last game?”

Chair – Des Whittaker
Junior Section Chair – Paul Leach
Safeguarding Officer – Martin Hall
Treasurer – Michael Satterthwaite
Secretary – Simon Stoker





Doncaster Town Cricket Club

Eco Power Oval, Town Fields, Bennetthorpe, Doncaster
South Yorkshire, DN2 6AA
01302 364559
<https://doncastertowncricketclub.co.uk>



Playing or training with concussion symptoms can lead to a prolonged recovery period and a delayed return to play.

Any player suspected of concussion must:

- **RECOGNISE:** If you suspect that you may have the symptoms of concussion, tell a coach, member of the medical team or umpire.
- **REMOVE:** Any suspected concussion will need you to leave the field to allow a full assessment and diagnosis.
- **RECOVER:** You should be rested from both physical and mental activities, as rest is the only known treatment and an early return may provoke symptoms.
- **RETURN:** If you are diagnosed with concussion a graded return should be followed once symptom free. At least 6 days before a return to practice.

WHAT SHOULD I DO IF I THINK I HAVE A CONCUSSION?

If you do not have available medical support at your game you will need to seek medical attention/support and most likely will need to attend your nearest A&E or GP immediately.

CONCUSSION FACTS: Find information at: ecb.co.uk/concussion

Captains/Managers and Coaches: If in doubt, Sit them out!

Chair – Des Whittaker
Junior Section Chair – Paul Leach
Safeguarding Officer – Martin Hall
Treasurer – Michael Satterthwaite
Secretary – Simon Stoker

